

**PROGRESS®**

Est. 1931

**HAND  
BLENDER**  
Instruction manual

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Please read all of the instructions carefully and retain for future reference.

## **Safety Instructions**

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord out of the reach of children.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from heat emitting appliances.

Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not use broken or loose cutting or rotating blades.

Do not overload the appliance as the mixture level may rise during blending.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not use the appliance if it has been dropped, if there are visible signs of damage or if it is leaking.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not dry blend ingredients; always add a small amount of liquid.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Switch off the appliance and disconnect it from the mains power supply before changing or fitting accessories.

Do not place boiling water or very hot liquid in the appliance.

Always unplug the appliance after use and before any cleaning or user maintenance.

Do not touch any sections of the appliance that may become hot during use, as this could cause injury.

Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user.

Always ensure that the appliance has cooled fully after use before performing any cleaning or maintenance.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

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**Warning:** Do not touch sharp blades.

## **Care and Maintenance**

**STEP 1:** Switch off and unplug the blender from the mains power supply before performing any cleaning or user maintenance.

**STEP 2:** Wipe the blender unit with a soft, damp cloth and allow to dry thoroughly.

**STEP 3:** Wash all of the accessories in warm, soapy water, then rinse and dry thoroughly.

Never touch the chopping blades; using extreme caution, clean the blades with a brush and dry carefully.

Do not immerse the blender base unit in water or any other liquid.

Do not use harsh or abrasive detergents or scourers to clean the blender, as this could cause damage.

The blender is not suitable for use in a dishwasher.

**Note:** The blender should be cleaned after every use.

**Warning:** Handle the attachments with care as the blades are sharp. Exercise caution when attaching, removing, cleaning or storing the attachments.



## Description of Parts



- |                 |                               |
|-----------------|-------------------------------|
| 1. Blender Unit | 4. Attachment Release Buttons |
| 2. Power Button | 5. Blender Attachment         |
| 3. Turbo Button |                               |

## Instructions for Use

### Before First Use

Wash the blender attachment in warm, soapy water, then rinse and dry thoroughly. Wipe the blender unit with a soft, damp cloth and allow to dry thoroughly.

**Note:** When using the blender for the first time, a slight odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the blender.

### Using the Hand Blender

The attachment must be securely fitted before use; do not attempt to remove them until the attachment has stopped moving.

**Warning:** Maximum operation time is 30 seconds. Allow to cool for 2 minutes before using the appliance again.

**STEP 1:** Before connecting the blender to the mains power supply, carefully attach the attachment to the blender unit by aligning the tabs and pushing until it clicks into place.

**STEP 2:** Place the food to be chopped into a suitable bowl.

**STEP 3:** Plug in and switch on the blender at the mains power supply.

**STEP 4:** Holding the bowl steady, put the blade of the attachment into the food and press and hold the desired soft-touch speed button on the blender unit.

**STEP 5:** Once the food has been chopped to the required size, release the soft-touch speed button and wait for the blade to stop rotating before removing the hand blender from the bowl.

**STEP 6:** To remove the blender attachment from the blender, press both of the attachment release buttons and pull the attachment away from the hand blender.

**Caution:** Switch off and unplug the blender from the mains power supply before adding or removing food from the bowl.

**Warning:** Do not operate the blender without food as this can cause damage.

Switch off and unplug the blender from the mains power supply before attempting to remove the blender attachment and before cleaning.

## Troubleshooting

Problem	Possible Cause	Solution
The blender will not operate.	The blender is not connected to the mains power supply.	Plug in and switch on the blender at the mains power supply.
The blades will not move when in contact with ingredients.	The ingredients are hard vegetables such as potato, carrot and turnip, making it difficult for the blender to blend.	Only blend ingredients such as cooked vegetables or soft fruit.

**Storage**

Reassemble the hand blender.

Check that the hand blender is cool, clean and dry before storing in a cool, dry place.

Never wrap the cord tightly around the blender; wrap it loosely to avoid causing damage.

**Specifications**

Product code: EK2597P

Input: 220–240 V ~ 50/60 Hz

Output: 350 W



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The perfect addition to a modern home!



## Recipes

### Raspberry Sparkle

#### Ingredients

Handful of raspberries

Frozen yoghurt or vanilla ice cream, to taste

Glass of sparkling wine or champagne

#### Method

Place all of the ingredients into a mixing jug and blend until smooth.

### Strawberry Smoothie

#### Ingredients

Handful of strawberries, chopped

1 small, ripe banana

1 small pot of vanilla yoghurt

100 ml skimmed milk

#### Method

Place all of the ingredients into a mixing jug and blend until smooth; garnish with a strawberry.

### Fresh Pineapple Juice

#### Ingredients

Approx. ½ a pineapple, cut into chunks

#### Method

Place all of the ingredients into a mixing jug and blend until smooth. If the smoothie is too thick, add water until the desired consistency is achieved.

## Cold tomato Soup

### Ingredients

225 g sweet cherry tomatoes	Herbs, to season (e.g. basil or parsley)	Salt and pepper, to taste
1 garlic clove		
100 ml hot water	Tabasco or any other chilli	
2 tbsp soured cream	sauce (optional)	

### Method

Fill a mixing jug with the cherry tomatoes, add the hot water and blend until smooth. Add the garlic, herbs and soured cream and blend for a further 10 seconds. Season to taste with salt, pepper and Tabasco sauce, if desired.

## Omelette

### Ingredients

50 g grated cheese (optional)	½ green pepper, finely chopped	Salt and pepper, to taste
2 medium eggs	2 tsp milk	

### Method

Blend the eggs with the milk in a mixing jug and then pour the mixture into a greased frying pan on a low heat, stirring frequently.

Add the green pepper to the frying pan after approx. 2 minutes and cook until the omelette is firming.

Fold the omelette in half using a non-stick, heat-resistant spatula.

Season to taste with salt, pepper and cheese, if desired.

## Salad Dressing

### Ingredients

2–3 tbsp olive oil (or ½ olive oil and ½ sunflower oil)	2 tsp French Dijon mustard	Salt and pepper, to taste
	1 tsp white wine vinegar	

### Method

Place all of the ingredients into a mixing jug and blend until smooth.

## Connection to the Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

### Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

**Blue Neutral (N)**

**Brown Live (L)**

**FOR UK USE ONLY** – Plug fitting details  
(where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked N or coloured **BLACK**.

The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked L or coloured **RED**.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal ( $\perp$ ).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

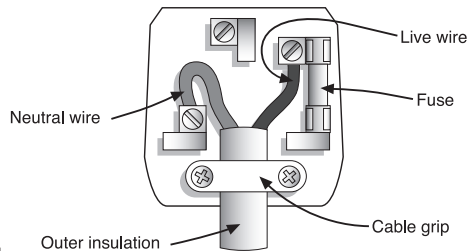
If in doubt, consult a qualified electrician who will be pleased to do this for you.

### Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.



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If this product does not reach you in an acceptable condition please contact our Customer Services Department at **[www.progresscookshop.com](http://www.progresscookshop.com)**.

Please have your delivery note to hand as details from it will be required. If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

## **Guarantee**

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Progress will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

The crossed out wheelie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.





3 YEAR GUARANTEE\*

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\*To be eligible for the extended guarantee,  
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your product within 30 days of purchase.

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