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Go Healthy
Mini Processor
Instruction Manual

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Please retain instructions for future reference.

## **Safety Instructions**

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use, and clean this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance.

Do not immerse the electrical components of this appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not use the appliance if it has been dropped, if there are visible signs of damage or if it is leaking.

Do not use any accessories other than those supplied.

Do not use any damaged accessories.

Do not move the appliance whilst it is in use.

Do not dry blend ingredients; always add a small amount of liquid.

Do not overload the appliance as the mixture level may rise during blending.

Do not touch any moving parts on this appliance during use, as this could cause injury.

Do not touch any sections of the appliance that may become hot during use, as this could cause injury.

Do not use broken or loose cutting or rotating blades.

Switch off the appliance and disconnect it from the mains power supply before changing or fitting accessories.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

Warning: Do not touch sharp blades.

#### Dos and Don'ts

#### Do:

Check that the food processor is fully assembled before using.

Chop all ingredients into small pieces before blending.

Add a small amount of cold liquid or reduce the quantity of the ingredients in the mixing bowl if the blades are not running smoothly.

Caution: Exercise caution when handling the stainless steel blade attachment, as the blades may get hot during use. If blending warm ingredients, take care when removing the stainless steel blade attachment, as there may be a pressure build-up from blending, which could cause the blended ingredients to spout from the lid.

#### Do not:

Attempt to remove the stainless steel blade attachment until the blades have fully stopped moving.

Dry blend ingredients for more than 45 seconds at a time.

**Warning:** Do not blend hot liquid or food. Never exceed the max. fill mark when adding ingredients to the mixing bowl, as this could cause

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spillage and may damage the food processor. The food processor must not be operated when the mixing bowl is empty, cracked or broken.

### Care and Maintenance

Before attempting any cleaning or maintenance, switch off and unplug the food processor from the mains power supply and allow it to cool fully.

**STEP 1:** Wipe the food processor base unit with a soft, damp cloth and allow to dry thoroughly.

**STEP 2:** Wash all of the accessories in warm, soapy water, then rinse and dry thoroughly.

Note: The food processor should be cleaned after each use.

Do not use harsh or abrasive detergents or scourers to clean the food processor, as this could cause damage.

The food processor is not safe for dishwasher use

**Warning:** Handle the stainless steel blade attachment with care, as the blades are extremely sharp. Exercise caution when attaching, removing, cleaning or storing the stainless steel blade attachment.

#### **Description of Parts**



- 1. Compact Prep Pro base unit
- 2. Mixing bowl
- 3. Mixing bowl lid
- 4. Whipping disc

- 5. Stainless steel blade attachment
- 6. Spacer
- 7. Multidirectional buttons

#### Instructions for Use

#### **Before First Use**

Before using the food processor for the first time, wash all of the accessories in warm, soapy water, then rinse and dry thoroughly.

Wipe the food processor base unit with a soft, damp cloth and allow to dry thoroughly.

**Note:** When using the food processor for the first time, a slight odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the food processor.

#### **Assembling the Compact Prep Pro**

**STEP 1:** Before connecting to the mains power supply, position the food processor base unit onto a flat, stable surface, at a height that is comfortable for the user.

**STEP 2:** Place the mixing bowl onto the food processor base unit and twist in an anticlockwise direction until it locks into place.

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#### **Choosing an Attachment**

**BLADES:** The stainless steel blade attachment can be used for shredding, chopping, grinding and blending.

**WHIPPING DISC** – The whipping disc can be used for stirring, whipping, kneading and mixing.

Position the chosen attachment onto the shaft in the centre of the mixing bowl and press it firmly downwards until it locks into place.

**SPACER:** The spacer is an optional attachment that can be secured over the stainless steel blade attachment or the whipping disc after ingredients have been added. The spacer should be used when blending a small amount of ingredients or for finer processing.

**Note:** Use the clockwise multidirectional button to mix, blend, stir and whip. Use the anticlockwise multidirectional button to shred, chop, grind and blend.

#### **Using the Compact Prep Pro**

**STEP 1:** After choosing an attachment, add the ingredients to the mixing bowl, taking care not to exceed the max. fill mark.

**STEP 2:** Place the mixing bowl lid on top of the mixing bowl and turn it in an anticlockwise direction to secure into place.

STEP 3: Plug in and switch on the food processor at the mains power supply.

**STEP 4:** Press and hold the desired multidirectional button until the foodstuffs reach the desired consistency.

STEP 5: Once finished, switch off and unplug the food processor.

**STEP 6:** Turn the mixing bowl in a clockwise direction and lift away from the food processor.

**Note:** If the blades are not running smoothly, stop the food processor and carefully remove the stainless steel blade attachment. Add a small amount of cold liquid or reduce the quantity of the ingredients in the mixing bowl.

**Caution:** Do not blend warm or hot liquid or food, as this may cause a pressure build-up and, in turn, serious injury.

**Warning:** Do not operate for long periods of time. Max. operation time is 45 seconds; allow the food processor to cool for 1 minute before using again. Using the food processor for longer than 45 seconds at a time will cause the temperature to increase, which may lead to a pressure build-up. If this happens, switch off, and unplug the food processor from the mains power supply and allow it to cool thoroughly before attempting to remove the stainless steel

blade attachment. Do not immerse the mixing bowl in cold water at this time.

### **Troubleshooting**

Problem	Possible Cause	Solution
The food processor will not operate.	The food processor is not connected to the mains power supply.	Plug in and switch on the food processor at the mains power supply.
	The food processor is not correctly assembled.	Check that all of the components are in place properly.

#### Storage

Reassemble the food processor.

Check that the food processor is cool, clean and dry before storing in a cool, dry place. Never wrap the cord tightly around the food processor; wrap it loosely to avoid

causing damage.

### **Specifications**

Product code: EK3171P

Operating voltage:  $220-240 \text{ V} \sim 50/60 \text{ Hz}$ 

Power: 200 W

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#### Connection to the Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

#### **Important**

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

Blue Neutral (N)

Brown Live (L)

FOR UK USE ONLY – Plug fitting details

(where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked N or coloured **BLACK**.

The wire coloured  $\boldsymbol{\mathsf{BROWN}}$  is the  $\boldsymbol{\mathsf{LIVE}}$  wire and

must be connected to the terminal marked L or coloured RED.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal  $(\frac{1}{4})$ .

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

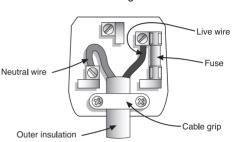
If in doubt, consult a qualified electrician who will be pleased to do this for you.

Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.



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If this product does not reach you in an acceptable condition please contact our Customer Services Department at www.progresscookshop.com.

Please have your delivery note to hand as details from it will be required. If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

#### Guarantee

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Progress will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

The crossed out wheelie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



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\*To be eligible for the extended guarantee, go to https://guarantee.upgs.com/progress/ and register your product within 30 days of purchase.

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CD070818/MD280920/V4

