

**PROGRESS®**  
Est. 1931

**TWIN HOT PLATE**  
Instruction Manual

Please read all instructions carefully and retain for future reference.

## SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

Children should be supervised to ensure that they do not play with the appliance.

Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance.

This appliance is not a toy.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning or if it has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord out of the reach of children.

Keep the appliance out of the reach of children when it is switched on or cooling down.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the power supply cord away from any parts of the appliance that may become hot during use.

Keep the appliance away from other heat emitting appliances.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not pull or carry the appliance by its power supply cord.

Do not use the appliance for anything other than its intended use.

Do not use any accessories other than those supplied.

Do not use this appliance outdoors.

Do not store the appliance in direct sunlight or in high humidity conditions.

Do not move the appliance whilst it is in use.

Do not touch any sections of the appliance that may become hot or the heating components of the appliance, as this could cause injury.

Switch off the appliance and disconnect it from the mains power supply before changing or fitting accessories.

Always unplug the appliance after use and before any cleaning or user maintenance.

Always ensure that the appliance has cooled fully after use before performing any cleaning or maintenance or storing away.

Always use the appliance on a stable, heat-resistant surface, at a height that is comfortable for the user.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

The outer surface of the appliance may get hot during operation.



**Caution:** Hot surface – do not touch the hot section or heating components of the appliance.

Take care not to pour water on the heating element.

**Warning:** Keep the appliance away from flammable materials.

## CARE AND MAINTENANCE

Before attempting any cleaning or maintenance, unplug the hot plate from the mains power supply and allow to cool fully.

**STEP 1:** Wipe the hot plate base unit and hobs with a soft, damp cloth and dry thoroughly.

**STEP 2:** Clean spillages by applying a small amount of warm water mixed with a mild detergent to the hobs, then wipe them clean with a soft brush.

Do not immerse the hot plate in water or any other liquid.

Never use harsh or abrasive cleaning detergents or scourers to clean the hot plate, as this could damage the surface.

**Note:** The hot plate should be cleaned after each use.

## GETTING STARTED

Remove the appliance from the box.

Remove any packaging from the appliance.

Place the packaging inside the box and store or dispose of safely.

## IN THE BOX

Twin Hot Plate

Instruction manual

## FEATURES

1000 W and 1500 W Hobs

Dual Temperature Controls

Power Indicator Lights

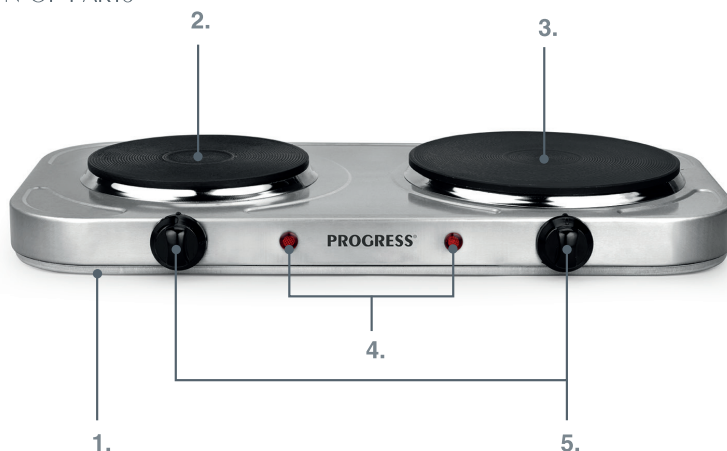
Stainless Steel Finish

Compact Design

Easy to Clean

Non-slip Feet

## DESCRIPTION OF PARTS



- |                             |                              |
|-----------------------------|------------------------------|
| 1. Twin Hot Plate Base Unit | 4. Heat Indicator Light(s)   |
| 2. 1000 W Hob               | 5. Temperature Control Dials |
| 3. 1500 W Hob               |                              |

## INSTRUCTION FOR USE

### BEFORE FIRST USE

**STEP 1:** Before connecting to the mains power supply, wipe the hot plate base unit and hobs with a soft, damp cloth and dry thoroughly.

**STEP 2:** Place the hot plate onto a stable, heat-resistant surface, at a height that is comfortable for the user.

**STEP 3:** Plug in and switch on the hot plate at the mains power supply. Set both of the temperature control dials to the highest temperature setting and allow to heat up for approx. 5–10 minutes; this will pre-condition the protective coating. This is the only time that the hot plate should be turned on without a pot or pan placed on top.

**Note:** When using the hot plate for the first time, a slight smoke or odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the hot plate.

## USING THE TWIN HOT PLATE

**STEP 1:** Place a pot or a pan onto the desired hob, selecting according to the pan size and contents. It is highly recommended that the pots or pans used with the hot plate unit have a solid, even base and are not concave or convex.

**STEP 2:** Plug in and switch on the hot plate at the mains power supply.

**STEP 3:** Use the corresponding temperature control dial to select the required heat setting; the red heat indicator light will illuminate to signal that the hob is heating up. Once the hob reaches the desired cooking temperature, the heat indicator light will turn off.

**STEP 4:** Switch off the hot plate by turning the temperature control dials to the 'Off' position and unplugging it from the mains power supply.

**Note:** During use the heat indicator light will cycle on and off to signal that the hot plate is maintaining the temperature.

Caution: The hobs may glow red when the hot plate is switched on; they must not be touched.

The hobs must be clean and clear from debris before use.

To prevent it from overheating, do not use the hot plate if there are no pots or pans placed on the hobs.

**Warning:** Nominal voltage is still present even when the thermostat is turned to the off position. To fully switch off the hot plate, turn it off at the mains power supply.

Never touch any part of the hot plate when it is in use, as it gets very hot and could cause burns or serious injury.

Do not operate the hot plate if any of the hobs are damaged or cracked in any way.

## HINTS AND TIPS

Both hobs heat up quickly and maintain a constant temperature during use.

Use the larger hob to reduce cooking times.

Boiling 1 L water on the large hob takes approx. 10 minutes.

Boiling 1 L water on the smaller hob takes approx. 20 minutes.

Select the hob according to the pan size and contents; use the large pots and pans, and frying pans, and use the small hob for smaller ones.

## STORAGE

Check that the hot plate is cool, clean and dry before storing in a cool, dry place.  
Never wrap the cord tightly around the hot plate; wrap it loosely to avoid causing damage.

## TROUBLESHOOTING

Problem	Solution
The hobs do not heat up.	Check that the hot plate is plugged into the mains power supply. Check that the mains fuse has not blown. Check that the correct temperature has been selected using the temperature control dial.
The hot plate is not giving satisfactory cooking results.	Check that the hot plate is clean and dry. Check that the pot or pan is the correct size for the hob. Check that the pot or pan has a flat base. Check that the setting is correct for the type of cooking.

## SPECIFICATIONS

Product Code: EK3145P  
Input: 220–240 V ~ 50/60 Hz  
Small Hob: 1000 W  
Large Hob: 1500 W  
Total Output: 2500 W



## CONNECTION TO THE MAINS

Please check that the voltage indicated on the product corresponds with your supply voltage.

### IMPORTANT

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

**Blue Neutral (N)**

**Brown Live (L)**

**Green/Yellow Earth ( $\perp$ )**

**FOR UK USE ONLY** - Plug fitting details  
(where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked N or coloured **BLACK**.

The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked L or coloured **RED**.

The wire coloured **GREEN/YELLOW** must be connected to the terminal marked with the letter E or marked  $\perp$ .

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal ( $\perp$ ).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

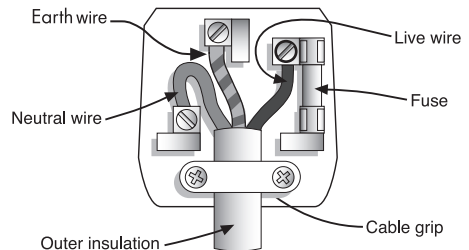
If in doubt, consult a qualified electrician who will be pleased to do this for you.

### NON-REWIREABLE MAINS PLUG

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.



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UP GLOBAL SOURCING UK LTD.,  
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If this product does not reach you in an acceptable condition please contact our Customer Services Department by one of the following methods:

**Telephone:** 0161 934 2240\*

\*Telephone lines are open Monday–Friday, 9 am–5 pm (Closed Bank Holidays)

**Email:** [customercare@upgs.com](mailto:customercare@upgs.com)

**Fax:** 0161 628 2126

Please have your delivery note to hand as details from it will be required.

If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

## GUARANTEE

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Progress will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

The crossed out wheelie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



3-YEAR GUARANTEE

\*To be eligible for the extended guarantee, go to **[www.progresscookshop.com](http://www.progresscookshop.com)** and register your product within 30 days of purchase.



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& progression  
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