

PROGRESS®

Est. 1931

**1 LITRE
RICE COOKER**

Instruction manual

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Please read all of the instructions carefully and retain for future reference.

Safety instructions

When using electrical appliances, basic safety precautions should always be followed.

Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply.

Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use, and clean this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.

This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning or if it has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm.

Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage.

Keep the appliance away from other heat emitting appliances.

Do not immerse the appliance in water or any other liquid.

Do not operate the appliance with wet hands.

Do not leave the appliance unattended whilst connected to the mains power supply.

Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand.

Do not move the appliance whilst it is in use.

Do not touch any sections of the appliance that may become hot or the heating components of the appliance, as this could cause injury.

Do not place boiling water or very hot liquid in the appliance.

Use of an extension cord with the appliance is not recommended.

This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance.

This appliance is intended for domestic use only. It should not be used for commercial purposes.

The lid or the outer surface of the appliance may get hot during operation.



Caution: Hot surface – do not touch the hot section or heating components of the appliance.

Warning: Keep the appliance away from flammable materials

Dos and Don'ts

Do:

Handle the removable non-stick coated bowl and tempered glass lid with care.

Use heat-resistant oven gloves when extracting the removable non-stick coated bowl from the rice cooker.

Check that the rice is cooked through before serving.

Don't:

Use the removable non-stick coated bowl if it is chipped or cracked. Subject the removable non-stick coated bowl to sudden changes in temperature; adding cold water to a very hot removable non-stick coated bowl could cause it to crack.

Put the removable non-stick coated bowl or tempered glass lid into an oven, freezer, microwave or on a gas/electrical hob.

Operate the rice cooker without the removable non-stick coated bowl or tempered glass lid in place.

Use abrasive cleaners or metal scouring pads to clean the removable non-stick coated bowl.

Place food, water or other liquid directly into the base of the rice cooker.

Leave rice on the warm setting for long periods of time or overnight, as this may be unsafe for consumption.

Care and Maintenance

Before attempting any cleaning or maintenance, unplug the rice cooker from the mains power supply and allow to cool fully.

STEP 1: Wipe the rice cooker with a soft, damp cloth and dry thoroughly.

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STEP 2: Clean the tempered glass lid and removable non-stick coated bowl in warm, soapy water, then rinse and dry thoroughly.

Do not immerse the rice cooker in water or any other liquid. Never use harsh or abrasive cleaning detergents or scourers to clean the rice cooker or its accessories, as this could cause damage.

The rice cooker is not suitable for use in a dishwasher.

Note: The rice cooker should be cleaned after each use.

Description of Parts



- | | |
|---------------------------------------|-------------------------|
| 1. 1 Litre Rice Cooker housing | 6. Warm/cook switch |
| 2. Tempered glass lid with steam vent | 7. Warm/indicator light |
| 3. Lid handle | 8. On/off switch |
| 4. Removable non-stick coated bowl | 9. Measuring cup |
| 5. Cool-touch handles | 10. Rice spoon |

Instructions for Use

Before First Use

STEP 1: Before connecting to the mains power supply, wipe the rice cooker housing with a soft, damp cloth and dry thoroughly.

STEP 2: Clean the tempered glass lid and removable non-stick coated bowl in warm, soapy water, then rinse and dry thoroughly.

Note: When using the rice cooker for the first time, a slight smoke or odour may be emitted. This is normal and will soon subside. Allow for sufficient ventilation around the rice cooker.

Assembling the 1 Litre Rice Cooker

STEP 1: Check that the Rice Cooker is switched off and unplugged from the mains power supply.

STEP 2: Position the Rice Cooker housing onto a flat, stable, heat-resistant surface, at a height that is comfortable for the user.

STEP 3: Fit the non-stick coated bowl into the Rice Cooker housing and using the lid handle, gently place the tempered glass lid on top.

Using the 1 Litre Rice Cooker

STEP 1: Position the rice cooker housing onto a flat, stable, heat-resistant surface, at a height that is comfortable for the user.

STEP 2: Measure out the required amount of rice using the measuring cup provided. Thoroughly wash the rice in clean cold running water using a sieve to remove the surface layer of starch; this will help to prevent rice clumping during cooking.

STEP 3: Add the washed rice with the appropriate amount of water to the non-stick coated bowl. Season the rice with a healthy amount salt; this will also help to prevent rice clumping.

STEP 4: Gently place the tempered glass lid on top of the non-stick coated bowl using the lid handle.

STEP 5: Plug in and switch on the rice cooker at the mains power supply.

STEP 6: Turn on the rice cooker by flicking the 'On/Off' switch to position 'I'.

STEP 7: Push the warm/cook switch downwards to begin cooking; the cook indicator light will illuminate red. Do not remove the tempered glass lid during cooking as steam may escape.

STEP 8: Once the rice is cooked and all of the water has been absorbed, the warm/cook switch will pop upwards and the warm indicator light will illuminate orange to indicate that the rice is ready to serve.

STEP 9: Flick the 'On/Off' switch to position '0' to switch off the rice cooker.

Note: The warm setting should only be used to keep foods warm; it should not be used to cook foods.

Cooked food can be served directly from the removable non-stick coated bowl. Do not place the removable non-stick coated bowl onto any surfaces that may be affected by heat.

Always wipe the base of the removable non-stick coated bowl with a dry cloth before placing it into the rice cooker. This will reduce the likelihood of liquid coming into contact with the electrical components. Do not stir rice during cooking as this can cause clumping.

Warning: The tempered glass lid and removable non-stick coated bowl are fragile; handle them with care.

Do not place rice directly into the rice cooker without first inserting the removable non-stick coated bowl.

The removable non-stick coated bowl and tempered glass lid get very hot during operation. Always wear heat-resistant oven gloves when removing the removable non-stick coated bowl.

Control Dial

Warm Setting

The warm setting keeps rice at a serving temperature; it should be used after cooking is completed, in case rice is not needed straight away. The warm setting should never be used to cook rice. For food hygiene reasons, do not leave rice on the warm setting for long periods of time or overnight.

Hints and Tips

1. Use a small amount of cooking oil to coat the non-stick coated bowl and prevent rice from sticking to the unit and a build-up of clumps.
2. The tempered glass lid of the rice cooker should not form a tight fit on the removable non-stick coated bowl and should be placed centrally for the best results.
3. Do not remove the tempered glass lid unnecessarily; this will result in major heat loss to the removable non-stick coated bowl .
4. Do not cook without the tempered glass lid in position. The rice cooker will not heat up properly and rice may have to be discarded for hygiene reasons.
5. Long-grain rice contains less starch than short-grain. For dishes which require drier and less clumped rice use long-grain.
6. Fill the non-stick cooking bowl with rice amounts greater than one portion. For best results, fill non-stick cooking bowl from medium to maximum fill.
7. Brown rices have a slower rate of absorption than white rices; brown rices generally require twice as much time as white rices. Adjust cooking times accordingly for best results.
8. Let the rice sit for at least five minutes after cooking. Fluffing the rice before waiting can result in inconsistently cooked rice.

Cooking Table

The measuring cup is not a standard metric measuring cup.

Use a 1:1 ratio for white rice, 1:1.5 for brown.

Uncooked White Rice (Cups, 160 ml)	Cold Tap Water (Cups, 160 ml)	Cooked White Rice (Cups, 160 ml)	Cooking Time (Minutes Approx.)
1	1	2	10–15
2	2	4	15–20
3	3	6	20–25

Uncooked Brown Rice (Cups, 160 ml)	Cold Tap Water (1.5 x Cups, 240 ml)	Cooked Brown Rice (Cups, 160 ml)	Cooking Time (Minutes Approx.)
1	1	2	15–20
2	2	4	20–25
3	3	6	25–30

Storage

Check that the rice cooker is cool, clean and dry before storing in a cool, dry place.

Never wrap the cord tightly around the slow cooker; wrap it loosely to avoid causing damage.

Specifications

Product code: EK4553P

Input: 220–240 V ~ 50/60 Hz

Power: 400 W

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Connection to the Mains

Please check that the voltage indicated on the product corresponds with your supply voltage.

Important

As the colours in the mains lead of this appliance may not correspond with the coloured markings identifying the terminals in your plug, please proceed as follows:

The wires in the mains lead are coloured in accordance with the following code:

Blue Neutral (N)

Brown Live (L)

Green/Yellow Earth ($\perp$)

FOR UK USE ONLY – Plug fitting details (where applicable).

The wire coloured **BLUE** is the **NEUTRAL** and must be connected to the terminal marked N or coloured **BLACK**.

The wire coloured **BROWN** is the **LIVE** wire and must be connected to the terminal marked L or coloured **RED**.

The wire coloured **GREEN/YELLOW** must be connected to the terminal marked with the letter E or marked $\perp$.

On no account must either the **BROWN** or the **BLUE** wire be connected to the **EARTH** terminal ($\perp$).

Always ensure that the cord grip is fastened correctly.

The plug must be fitted with a fuse of the same rating already fitted and conforming to BS 1362 and be ASTA approved.

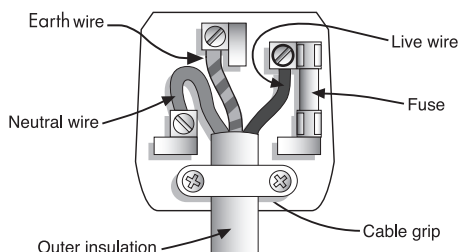
If in doubt, consult a qualified electrician who will be pleased to do this for you.

Non-Rewireable Mains Plug

If your appliance is supplied with a non-rewireable plug fitted to the mains lead and should the fuse need replacing, you must use one that is ASTA approved (conforming to BS 1362 of the same rating).

If in doubt, consult a qualified electrician who will be pleased to do this for you.

If you need to remove the plug, **DISCONNECT IT FROM THE MAINS**, then cut it off the mains lead and immediately dispose of it safely. Never attempt to reuse the plug or insert it into a socket outlet as there is a danger of an electric shock.



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If this product does not reach you in an acceptable condition please contact our Customer Services Department at **www.progresscookshop.com**.

Please have your delivery note to hand as details from it will be required. If you wish to return this product, please return it to the retailer from where it was purchased with your receipt (subject to their terms and conditions).

Guarantee

All products purchased as new carry a manufacturer's guarantee; the time period of the guarantee will vary dependent upon the product. Where reasonable proof of purchase can be provided, Progress will provide a standard 12 month guarantee with the retailer from the date of purchase. This is only applicable when products have been used as instructed for their intended, domestic use. Any misuse or dismantling of products will invalidate any guarantee.

Under the guarantee, we undertake to repair or replace free of any charge any parts found to be defective. In the event that we cannot provide an exact replacement, a similar product will be offered or the cost refunded. Any damages from daily wear and tear are not covered by this guarantee, nor are consumables such as plugs, fuses etc.

Please note that the above terms and conditions may be updated from time to time and we therefore recommend that you check these each time you revisit the website.

Nothing in this guarantee or in the instructions relating to this product excludes, restricts or otherwise affects your statutory rights.

The crossed out wheellie bin symbol on this item indicates that this appliance needs to be disposed of in an environmentally friendly way when it becomes of no further use or has worn out. Contact your local authority for details of where to take the item for recycling.



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*To be eligible for the extended guarantee,
go to **www.progresscookshop.com** and register
your product within 30 days of purchase.

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